

INTERNATIONAL
STUDENT SERVICES



International & TCK Student
HANDBOOK

INTERNATIONAL & TCK STUDENT ORIENTATION



Congrats! You've arrived in Holland, Michigan and are about to begin your time at Hope College!

INTERNATIONAL & TCK STUDENT ORIENTATION DATES

The International & TCK Student Orientation begins on the third week of August, and is mandatory for all incoming international and exchange students. Third-culture kid students are welcome to join too. During your orientation, we'll address the academic culture at Hope College, health and safety, immigration, campus services, student activities, and more.

The EXPLORE MICHIGAN trip is part of International & TCK Student Orientation, taking place Saturday to Monday.



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WELCOME

A NOTE FROM THE SENIOR DIRECTOR

Welcome to Hope College and the Center for Global Engagement!! We are delighted that you are a part of the Hope College global community and we look forward to getting to know you better. This handbook provides you with lots of good information about Holland, Michigan and Hope College and we hope it helps you feel at home! If you need additional help, please do not hesitate to ask us. Again, welcome to Hope!!

Amy Quincey '96
Senior Director
Fried Center for Global Engagement

CENTER FOR GLOBAL ENGAGEMENT

The Center for Global Engagement is located in the Martha Miller Center (MMC). This is where you will find our staff offices and the International Student Lounge - a relaxing space set aside for all international and Third Culture Kid students to gather for studying and socializing. The Center for Global Engagement is the hub for the international student and scholar community, and off-campus study programs. Consider us your home away from home.

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A NOTE FROM YOUR INTERNATIONAL STUDENT ADVISOR

The Center for Global Engagement (CGE) welcomes you to Hope College. We are excited to have you on campus and hope that your time here will be enriching, both academically and personally. Our mission is to provide a range of immigration and advising services for F-1 & J-1 international and TCK students and scholars and to expand international learning opportunities for faculty, staff, and students.

Habeeb Awad
International Student Advisor



HOST FAMILY PROGRAM

We encourage all Hope College international and TCK students to participate in our optional, non-residential Host Family Program which is a wonderful opportunity to interact with local families and experience 'typical' American life away from a college campus. You'll be matched with a host family based on similar interests. The time commitment does not need to be extensive and the reward can be tremendous! The amount of time each host and student spends together varies, depending on the schedules of both. It has been a joy for students and host families to form intercultural friendships, and many maintain their relationships long after graduation. Are you interested in connecting with a host family?

Contact Jasmine Lowell at lowell@hope.edu for more information.



US IMMIGRATION & VISA REGULATIONS

The Center for Global Engagement will keep you up to date on immigration news, workshop announcements, and special events; so, be sure to keep connected to the Center for Global Engagement for important information at: hope.edu/academics/global-engagement/international-tck-students/index.html and follow the Center for Global Engagement's Instagram page [@friedcenterhopecollege](https://www.instagram.com/friedcenterhopecollege) to keep up to date with what's happening on campus.

For all immigration law inquiries you may have, please:

1. Visit the Center for Global Engagement's website for important information, forms, etc.: hope.edu/academics/global-engagement/international-tck-students/current-students.html
2. F-1 and J-1 students can make an appointment to speak with an international student advisor via intladvisor@hope.edu
3. Call the Center for Global Engagement at 616.395.7605 with general questions or concerns.
4. Stop by the Center for Global Engagement at Martha Miller Center, 257 Columbia Ave. Holland, Michigan 49423.



STUDENT MAIL AND PACKAGES

An email will be sent from Campus Print and Mail Services the day you receive any type of mail. You may stop by the Campus Print and Mail Services office located on the first floor of the DeWitt Student Cultural Center during business hours with your Hope ID to claim mail and packages.

All students will need to use the following format as their mailing address:

Student's Name

Mail File Number (found on student's personal Hope Plus account)

141 E. 12th Street (not the residential hall, cottage or apartment address)

Holland, MI 49423

More information is available at: hope.edu/offices/print-mail



INTERNATIONAL & TCK STUDENT EVENTS

The Center for Global Engagement offers a variety of programs and activities to make you feel at home on our campus. Whether welcoming you to campus during our international and TCK orientation, guiding you through immigration matters, exploring the great state of Michigan or celebrating your culture through IMAGES: A Reflection of Cultures or the International Food Fair, we work hard to help you integrate into campus and provide you a home away from home. Getting fully immersed in the Hope experience is a great way to engage American culture, make new friends and enhance your educational experience beyond the classroom.

Whenever an event is hosted by the Center for Global Engagement, we'll send you an email with information and a chance to RSVP. There will also be reminders on Instagram, so follow our account: [@friedcenterhopecollege](https://www.instagram.com/friedcenterhopecollege)
Events Calendar: hope.edu/academics/global-engagement/international-tck-students/events-activities.html

A SAMPLING OF INTERNATIONAL & TCK STUDENT EVENTS:

September - Host Family-Student Reception

October - Fall Break Activity - Apple Picking

November - IMAGES: A Reflection of Cultures

December - International & TCK Student Christmas Party

February - International Food Fair

ACADEMICS

Note: Adapted from California State University, East Bay's International Student Handbook for F1 and J1 Students

You may find American teaching methods and practices quite different from those you are used to. Regular class attendance, frequent exams, homework, and participation in class discussions are all expected in the U.S. educational system. International students often find the classroom atmosphere and the student/professor relationship very casual and informal. Professors are required to keep regular office hours, which are intended specifically to provide student-professor contact.

School Year

The academic year consists of two semesters, each approximately 16 weeks long. The Academic Calendar can be found in each semester's Class Schedule at plus.hope.edu and the Registrar's Office website hope.edu/offices/registrar. Students may also take classes during the summer session. Summer session is offered to allow students to take classes that are needed to complete your degree. Taking classes in the summer may help you graduate quicker. However summer classes are usually not covered by scholarships and may be an extra cost.

Academic Advising & Boerigter Center for Calling and Career

Academic advisors help students with understanding themselves and planning for the future. When you come to Hope as a first-year student, your advisor is your First Year Seminar (FYS) professor. You may declare a major any time after your first semester. Once you have declared a major, you'll be assigned an advisor within that academic department, but there are a couple offices (Registrar's Office and the Boerigter Center) that offer additional leadership and coordination with advising.

The Registrar's Office helps equip students and advisors to understand curricular requirements, registration, and the tools available to assist with that process. hope.edu/offices/registrar/advising/index.html

The Boerigter Center helps students with major and career discernment using tools including personality, strengths, and interest assessments. hope.edu/offices/boerigter-center



Academic Structure

Students typically enroll in at least four 3-credit courses a semester in order to maintain full-time standing. Courses usually change every semester. Some courses are part of a sequence, requiring students to take the first course in the sequence before enrolling in the second course, and so on. Individual students are granted flexibility in choosing their coursework; students may choose from a variety of subjects and change from subject to subject as long as the college, the department, and graduation requirements are met.

Classroom Procedures

During the first week of classes, the instructor will hand out a syllabus, which will outline the course objectives, required textbooks, chapters to be covered, due dates for assignments, attendance policy, and the grading policy. Changes may be made to the syllabus during the semester, but only after the professor has informed the whole class about this decision. The syllabus will include the instructor's office location, office hours, mailbox, e-mail, and telephone numbers.

Diverse Teaching Styles

Professors may use lecture, class discussion, or both. Most classes meet on a regular schedule once, twice, or three times a week. The teaching style of the professor can determine the amount of student participation in each class. Some instructors prefer a more formal style of lecture with a possible question and answer period at the end. Others prefer a more conversational style and encourage interaction throughout the class. When expressing your views in class, be ready to explain your ideas, and do so in a respectful manner.

Attendance

Your course instructor will inform you of the attendance policy at the beginning of the course. Regular attendance is expected of all students unless suffering from illness or in case of an emergency. Some portion of the class grade may be based on attendance. Missing more than a set number of classes could result in a lowering of your final course grade. If you must miss a class, email your professor before the class meets to let them know of your absence.

Class Participation

Many professors encourage class participation and often expect it. In some courses it is a part of the overall grade. If you feel hindered to participate because of your English proficiency, we strongly advise you to discuss this issue with the professor and the International Student Advisor.

Note: You will learn more about academic culture at Hope College, plagiarism, research opportunities, etc., during International & TCK Student Orientation and in your First Year Seminar class.



On-Campus Academic Resources

Van Wylen Library hope.edu/library

The Library provides academic support and student services in addition to its access to scholarly records and books.

Computing and Information Technology (CIT) hope.edu/offices/computing-information-technology

The CIT office (located in Durfee Hall with its entrance facing Van Vleck Hall) offers a series of introductory workshops that are meant to help students become comfortable using the technology resources on campus. Printed User Guides are available on many topics.

Academic Success Center (ASC) hope.edu/offices/academic-success-center

The ASC offers a variety of free services for all students. Located in Van Zoeren Hall immediately adjacent to Van Wylen Library's 2nd-floor entrance.

Klooster Center for Excellence in Writing hope.edu/offices/klooster-center

The David J. Klooster Center for Excellence in Writing provides a wide range of writing-related services for the students, faculty and staff of Hope College. The center is located in Van Wylen Library, to the right of the research help desk.

Disability and Accessibility Resources (DAR) hope.edu/offices/disability-services

Students at Hope who have an impairment that substantially limits one or more major life activities may seek assistance from our office. The DAR office is co-located with the Academic Success Center in Van Zoeren 261.

Boerigter Center for Calling and Career hope.edu/offices/boerigter-center

Whether you're just beginning your undergraduate experience or about to head off for new adventures, the Boerigter Center for Calling and Career supports you in the next steps of your career development journey.

Living in the US & Cultural Adjustment

Note: Adapted from California State University, East Bay's International Student Handbook for F1 and J1 Students

Language & Culture

Studying in the U.S. can be a wonderful learning experience. The U.S. mainly speaks English, but you may hear languages from all over the world. It is important to remember that:

1. U.S. society is made up of diverse groups and cultures that have helped shape its values;
2. Some individuals and groups have a set of respected values that are quite different from those of mainstream America;
3. People's attitudes and behavior are based on their values.

MAJOR US VALUES

Individuality

People in the US are often encouraged at an early age to be independent and to develop their own goals in life.

Independence

The US was founded by people who valued independence. Many believe that individuals reach maturity at age 18 and should be ready to make independent decisions.

Equality

The US upholds the ideal that everyone "is equal" and has the same rights. This includes women and men of all cultural, ethnic, gender, and religious groups. However, many inequalities still exist. You may hear negative comments about other groups or even experience discrimination. If this happens to you and you wish to talk about it, speak to your International Student Advisor or a counselor.

Time

People in the US take pride in making the best use of their time. In the business world, "time is money". Being "on time" for class or an appointment is important.

Informality

The US lifestyle is generally casual. Friendships are also casual, as people in the US seem to easily develop and end friendships. Greetings and farewells are usually short and friendly. In some instances, such as a job interview, formal attire and greetings are recommended.

Achievement and Hard Work

People in the US are very achievement-oriented and always seem to be "on the go". You may hear the term "work hard, play hard." A competitive spirit is often the motivating factor to work harder.

Direct and Assertive

People in the US try to work out their differences face-to-face. They are encouraged to speak up and give their opinions. In classroom lectures, it is acceptable for students to challenge or disagree with certain points.

Looking to the Future and to Change

Children are often asked what they want to be when they grow up; college students are asked what they will do after they graduate; and professors plan ahead for retirement. Change is often equated with progress.

Holidays

There are several major holidays in the US. Classes are canceled on some, but not all, holidays. Check the Academic Calendar on the Registrar's Office website.

Adjustment and Culture Shock

You may notice that these US values are, in some instances, quite different from your own. You may experience culture “shock” as you learn to adjust to the new culture and way of living. It includes the shock of a new environment, meeting new people, and learning the ways of a different country. It also includes being separated from the important people in your life, such as family, friends, colleagues, or teachers. This is very normal and requires both time and patience.

Culture shock is entirely normal, usually unavoidable, and it does not mean anything bad about you or your new home. Actually, it can be a very significant learning experience, because it makes you more aware of your own culture as well as the new culture you have entered. It will give you valuable skills that will serve you in many ways in the future—it’s part of the benefit of international education.

Some typical signs of culture shock are:

- Extreme homesickness
- Loneliness
- Avoiding contact with other people, especially people from the US
- Negative feelings and hostility toward US culture and people
- Anger, frustration, confusion
- Tiredness or need for excessive amounts of sleep
- Boredom
- Inability to concentrate or work
- Loss of appetite
- Loss of enjoyment in daily activities
- Lack of confidence
- Feelings of inadequacy or insecurity
- Depression and feelings of helplessness



Managing Culture Shock

Here are some ideas to help you manage culture shock:

- Understand that your reactions are normal
- Be open-minded and curious about your new environment
- Talk with the International Student Advisor about your feelings
- Make friends with US students and other international students
- If you struggle with academics, talk with your professors and the International Student Advisor
- Stay busy with academics, hobbies, friends, and other interesting activities
- Exercise or participate in sports
- Try a new activity that you can’t do in your home country
- Don’t forget the reasons you came to the US
- Be patient with yourself and your new culture

If you experience culture shock, just remember that it is a normal part of being an international student. You will pass through periods of ups and downs, but in the end it will all be worth it. Try to focus on all the positive and rewarding aspects of your experience!

Remember If you are having a difficult time with your transition or adjustments to Hope College, please know there are many campus resources that can help. You can contact the Center for Global Engagement, your academic advisor, and Counseling and Psychological Services (CAPS).

HEALTH CENTER



The Hope College Health Center, which is located in the Dow Center, is your source on campus for medical-related services. Our providers include medical doctors, physician assistants and registered nurses. We treat most college health concerns. When specialty care is needed, you may be referred to a local provider. All currently enrolled, full- and part-time, degree-seeking students are eligible to use our confidential services for their health care. To make an appointment, please call 616.395.7585.

For more information, please check out: hope.edu/offices/health-center

CAPS



Hope College's Counseling and Psychological Services (CAPS) provides a wealth of services and is free and confidential for any degree-seeking student.

CAPS is open Monday through Friday, 9 a.m.–12 p.m. and 1–5 p.m.

Call the CAPS office (616.395.7945) during regular business hours to schedule a time to speak to a CAPS staff counselor. Students will have the option of either in-person sessions or virtual sessions with a counselor.

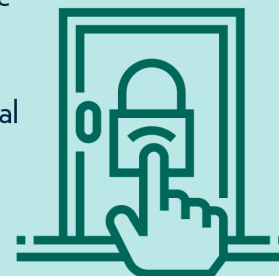
More information can be found at: hope.edu/offices/counseling-psychological-services

Disability & Accessibility Resources

Students at Hope who have an impairment that substantially limits one or more major life activities may seek assistance from the DAR office. The DAR office is co-located with the Academic Success Center in Van Zoeren 261.

If you experience barriers as a result of a chronic medical condition, mental health, physical or sensory disability, an injury or temporary condition, learning disability and/or ADHD, get connected with the DAR office. Make appointments by emailing dar@hope.edu

For more information, please check out: hope.edu/offices/disability-services



DRIVER'S LICENSE

A Michigan Driver's License or Identification Card is often required in order to cash checks, open a bank account or buy something with either a check or a credit card. Without one of these documents, you will need to carry your passport with you at all times, which is not recommended. You can easily obtain one of these documents at the Secretary of State Office. An appointment is recommended.

To obtain a Michigan's driver's license, you will need to consult the State of Michigan's Secretary of State's office. Information regarding the steps you need to complete can be found at: michigan.gov/sos

Contact the International Student Advisor for more information when you are ready to apply.

Conveniently, there is a Secretary of State office in Holland, located about a mile from campus.

The address is: 587 E 8th St., Holland, MI 49423.

Some points to note:

The Secretary of State office conducts the written portion of the driving test, but does not conduct the road test. To schedule a road test, you will need to contact a driving school like Century Driving School, which is the one closest to Hope College, and also conveniently located a few doors down from the Holland Secretary of State office.

If you think you will want to purchase a car later for internships or post graduation OPT, be aware that your car insurance rate will be lower the longer you have had your license, so you might want to consider getting your Michigan Driver's license as soon as possible.

SOCIAL SECURITY



All international students must obtain a Social Security number (SSN) before they are permitted to work on campus. You will need a job offer and other documents to apply for a Social Security number. Employment is limited to 20 hours per week while school is in session. Full-time employment is allowed during the annual vacation or when school is not in session.

The SS-5 Application Form can be found at: ssa.gov/forms/ss-5.pdf

Contact the International Student Advisor for more information regarding this process.

TAXES\$

The U.S. tax system can be a bit confusing. All international students are required to file their tax returns by mid April of each year. International students pay state tax and, depending upon income, federal tax. The regulations for international students are different than those for U.S. citizens and Permanent Residents. The Center for Global Engagement will offer a tax-filing workshop early in the spring semester. Watch for email information from the International Student Advisor.

Read more about tax filing procedures at:

hope.edu/academics/global-engagement/international-tck-students/taxes.html

TRANSPORTATION



AIRPORT TRANSPORTATION

Hope's Transportation Services can provide students and groups with regularly scheduled and as-needed rides to and from Gerald R. Ford International Airport (GRR) in Grand Rapids. Transportation Services offers rides by request to/from the Gerald R. Ford International Airport when a ride is needed outside of the prescheduled shuttle block times. Requested airport rides are on a request basis only and will not be confirmed until a driver has been located. Requested Student Airport Shuttles are for students only and are \$35.00 per student, per way.

For more info, please check out: hope.edu/offices/transportation/airport-shuttles.html

RIDES TO THE TRAIN/BUS STATION

Hope College offers rides to the train station in Holland at no cost to students. If you're looking to set up a ride, please call Transportation Services at 616.395.7075. Any requests outside of business hours will need to go directly through Campus Safety (616.395.7770). hope.edu/offices/campus-safety

Please contact Campus Safety at least 20–30 minutes before you need to be picked up to ensure that an officer will be available.

OFF-CAMPUS RIDES

Transportation Services offers off-campus rides in the Holland -Zeeland area for field placements, internships and appointments Monday–Friday, 8 a.m.–5 p.m. \$3 each way (\$6 round trip) All rides provided through Campus Safety are charged directly to a student's account; they do not accept cash, checks or any other form of payment. All charges through Hope College are added to a bill to be paid through Business Services. All rides will need to be requested at least 72 hours in advance and set up by emailing rides@hope.edu the following info: Student ID, phone number, ride location, times, dates, duration (e.g., all sem. until finals week).

ON-CAMPUS MEDICAL ESCORTS

The Transportation Department offers free medical escorts to students who are injured, recently had surgery or just need help getting around from your residence hall to classes, on-campus jobs, the cafeteria, etc. at no cost. Contact them in advance to set up a schedule.

GETTING AROUND HOLLAND BY BUS

The Macatawa Area Express (MAX) is a small urban transit system that operates fixed hourly bus routes bus routes and in the Holland/Zeeland Area. Fixed route buses depart from the Padnos Transportation Center located at the intersection of 8th Street and Lincoln Avenue at the top of the hour every hour and return to the transfer center at :50 to allow for passenger transfers. Wait for the bus directly at the bus stop sign or shelter so the bus will see you and stop. MAX's Fixed Route service hours are Monday-Friday, 5:00am-7:00pm. For more info please check out: catchamax.org

NOTE: UBER is not always available in the Holland area.



LAUNDRY

One of the "best" parts of adulthood....doing your own laundry!

Hope College provides self-serve laundry facilities in each of the residence halls, cottages and apartments. All laundry rooms are available 24/7.

For more information on Hope's laundry facilities, check out:

hope.edu/offices/student-development/policies-resources/laundry.html

STUDENT HANDBOOK



May I fly a drone on campus? How about purchasing that super awesome-smelling candle for my dorm room? Find out more so you don't unknowingly break campus policies.

Read the Hope College Student Handbook at:

hope.edu/offices/student-development/policies-resources/student-handbook.html

IN.HOPE.EDU



Hope College's internal website in.hope.edu is your portal to everything related to Hope College. Bookmark this page for yourself to use regularly. It is a great resource hub - a central location for links to pretty much everything you will need during your time here at Hope. You can find information like daily campus events, announcements, a directory to all Hope offices and their resources, the academic calendar, ride exchange posts, and even a "marketplace" where the Hope community can buy and sell items. Check it out!

GROCERY STORES

Located in Holland and the greater Grand Rapids area.

Hope College offers a weekly shuttle to Meijer and Aldi.

Check out [@hopecollegestudentlife](#) on Instagram for schedule.



Super/Hyper Markets

Aldi

Meijer*

Target*

Walmart*

All in Holland

African

Korpo's Import African Market (Wyoming)

Martha's International Market (Grand Rapids)

Mediterranean Island Intl Foods (Grand Rapids)

Asian

Holland Supermarket (Holland)

Khmer Grocery (Holland)

Lee's Oriental Market (Grand Rapids)

Spice of India (Grand Rapids)

Latin American

Mi Favorita Grocery (Holland)

Supermercado Santa Fe (Holland)

Supermercado La Excelencia (Holland)

Mediterranean

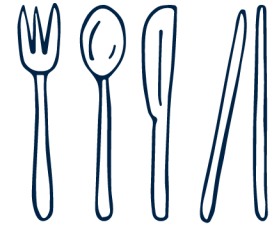
Mediterranean Island Intl Foods (Grand Rapids)

Super Green Market (Kentwood)

*Larger one-stop shopping: food, pharmacy, clothing, personal care items, etc.

GLOBAL CUISINE

Located in
Holland and the
greater Grand
Rapids area.



AFRICAN

Go Jo Ethiopian Cuisine and Deli
421 Norwood Ave. SE, Grand Rapids

Little Africa
956 E. Fulton, Grand Rapids

Gursha Ethiopian Restaurant
4301 Kalamazoo Ave. SE, #15, Grand Rapids

AFRICAN/CARIBBEAN

Tropicala Taste
1712 44th St. SE, Kentwood

ASIAN

2 Dragons Cuisine (Thai lunch buffet)
301 N. River Ave., Holland

Boba House (Boba tea & limited food menu)
143 Douglas Ave., Suite 20, Holland

Chalo Indian Kitchen
12377 James St, Holland

China Inn (Chinese)
2863 W Shore Dr., #105, Holland

Cumin Fresh Indian Kitchen (Indian)
1106 Robbins Rd., Grand Haven

K- ROK Korean BBQ and Karaoke (Korean)
169 Campau Promenade, Grand Rapids

Kung Fu Tea (Bubble tea & other beverages)
12760 Riley St, Holland, MI 49424

Mizu Sushi (Japanese, Korean)
99 E. 8th Street, Holland

Noori Chicken (Korean)
2321 E Beltline Ave. NE, Ste F, Grand Rapids

Pho Mekong (Thai, Vietnamese)
143 Douglas Ave., Holland

EUROPEAN

deBoer Bakkerij & Dutch Brothers Restaurant
360 Douglas Ave., Holland

Poquito (Spanish)
90 W 8th St., Holland

The Curragh (Irish)
73 E 8th St., Holland

LATIN AMERICAN

El Patron (Mexican)
3333 W Shore Dr., Holland

Havana Grill (Cuban)
12059 Felch St., Holland

Mi Favorita (Mexican take-out, no dine-in)
408 Columbia Ave., Holland

PAC Brazilian Restaurant
1760 44th St SW, Wyoming

Pupuseria El Salvador (Salvadoran)
4639 Division Ave. S, Grand Rapids

Taqueria Arandas (Mexican)
98 Douglas Ave #10, Holland

The Latin House (Colombian, Argentinian, Peruvian)
3363 Remembrance Rd. NW, Walker

MEDITERRANEAN

Le Kabob (Mediterranean)
3122 28th St. SE, Grand Rapids

Parsley Mediterranean Bar & Grill
80 Ottawa Ave. NW, Grand Rapids

Sheshco Mediterranean Grill
2121 Celebration Dr. NE, #700, Grand Rapids

Zeytin Turkish Restaurant (Turkish)
7437 River St. SE, Ada



PLACES OF *worship*

Here are just a few options for places of worship in the West Michigan area.
If you need assistance finding one, please don't hesitate to contact the Center for Global Engagement.

BUDDHIST

Cambodian Buddhist Society-Mi
3961 120th Ave., Holland

Lao Buddhist Temple of Holland
5582 112th Ave., Holland

CHRISTIAN

All Saints Holland
27 W 16th St., Holland

The Boulevard (BLVD) Church
238 W 15th St., Holland

Central Avenue Christian Reformed
259 Central Ave., Holland

Central Wesleyan Church
446 W. 40th St., Holland

Engedi Church
710 Chicago Dr., #100, Holland

Fellowship Church
2165 W Lakewood Blvd., Holland

Holland Seventh-day Adventist Church
11279 Ottogon St., Holland

Hope Church
77 West 11th Street, Holland

Manna Church
220 Central Avenue, Holland

Our Lady of the Lake Church
480 152nd Ave., Holland

Pillar Church
57 E 10th St., Holland

Redeemer Presbyterian Church
Rose Park Christian School, 556 Butternut Dr, Holland

St Francis de Sales Catholic Church
171 W 13th St., Holland

St. Willibrord Antiochian Orthodox Church
512 S Waverly Rd STE 260, Holland

Third Reformed Church
111 W 13th St., Holland

HINDU

West Michigan Hindu Temple
4870 Whitneyville Ave SE, Ada

JEWISH

Chabad House of Western Michigan
2615 Michigan St NE, Grand Rapids

Tree of Life Congregation (Messianic)
5070 Pine Island Drive N.E., Comstock Park

MUSLIM

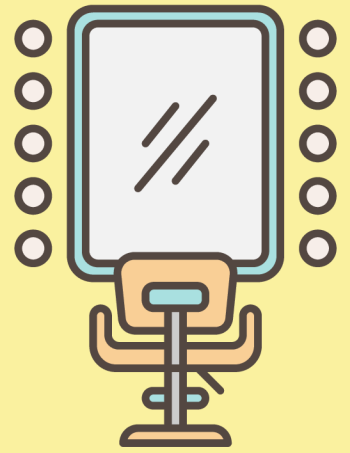
Islamic Center of Grand Rapids
1301 Burton St SE, Grand Rapids

At-Tawheed Islamic Center - IM&RI
3357 E Paris Ave SE, Kentwood

SIKH

Sikh Society of West Michigan
8845 Cascade Rd SE, Ada

H R SALONS



ENGEDI

10 W 8th St., Holland

KETRA BRAIDS & BEAUTY

(Licensed Natural Hair Culturist, beauty supply, braid salon)
2863 W. Shore Drive, Suite 109, Holland

KO CUTZ

(Barber for men's haircuts)
210 College Ave., Holland

PRESIDENTIAL CUTS BARBER

(Specializing in men's haircuts, no matter race, demographic, or age)
321 Douglas Ave - Holland

SALON CHEVEUX

226 S River Ave, Holland

COSMETOLOGY SCHOOLS

(Lower prices. Haircuts done by students in training, supervised by licensed professionals)

THE SALON PROFESSIONAL ACADEMY OF HOLLAND

2975 W Shore Dr., Holland

TULIP CITY BEAUTY COLLEGE

500 E 8th St., #500, Holland

PARKS

For a complete list of parks in the area, visit: miottawa.org/parks

Holland State Park 2215 Ottawa Beach Rd., Holland
Beach, Lake Michigan, lighthouse

Kollen Park 240 Kollen Park Drive, Holland
Waterfront boardwalk, picnic areas

Mt. Pisgah 2238 3rd Ave., Holland
Dune climb (stairs) and boardwalk

Riley Trails 16300 Riley Street, Holland
Hiking & mountain biking trails, ungroomed cross-country skiing trails

Tunnel Park 66 Lakeshore Drive, Holland
Beach, Lake Michigan, sand volleyball courts

Window on the Waterfront 85 East 6th Street. Holland
30-acre area along the marsh with walking/biking paths



& RECREATION

KAYAKING & STAND UP PADDLE BOARDING

There are a few rental places in the Holland area. Search online for options!

PROFESSIONAL SPORTS TEAMS

Baseball West Michigan Whitecaps
milb.com/west-michigan
Minor League affiliate of Detroit Tigers

Basketball Grand Rapids Gold
grandrapids.gleague.nba.com
NBA G-League affiliate of Denver Nuggets

Ice Hockey Grand Rapids Griffins
griffinshockey.com
AHL affiliate of Detroit Red Wings

Volleyball Grand Rapids Rise
provolleyball.com/teams/grand-rapids-rise

BAM! Entertainment Center 478 E 16th St., Holland
Bowling, axe-throwing, laser tag, arcade, etc.

Craig's Cruisers 651 Chicago Dr., Holland
Go-karts, batting cages, arcade, mini-golf

Michigan's Adventure 4750 Whitehall Rd., Muskegon
Amusement park (rollercoasters, etc.) and waterpark

Paint a Pot 390 E 8th St., Holland
Paint your own pottery

Scrapyard Climbing Collective 76 S. River Ave., Holland
Rock climbing facility

Sperry's Moviehouse 84 West 8th St., Holland
Movie theatre (\$6 tickets every Tuesday)

Urban Air Adventure Park 12331 James St., Holland
Indoor trampoline park

Windmill Island Gardens 1 Lincoln Ave., Holland
Features an original working Dutch windmill, over 36 acres of gardens, dikes, canals, and picnic areas. Over 100,000 tulips bloom in the spring.



THRIFT STORES

COMMUNITY ACTION HOUSE RESALE STORE

694 Michigan Ave, Holland

DITTO UPSCALE RESALE

571 E 8th St, Holland

GATEWAY MISSION STORE

661 E 24th St Suite 600, Holland

GOODWILL STORE AND DONATION CENTER

393 E Lakewood Blvd, Holland

HARBOR HUMANE RESALE STORE

716 Chicago Dr. #200, Holland

LEGACY THRIFT

91 Douglas Ave #2188, Holland

PLATO'S CLOSET - HOLLAND

3006 West Shore Dr, Holland

THE SALVATION ARMY FAMILY STORE & DONATION CENTER.

12579 Felch St Holland

UPTOWN CHEAPSKATE HOLLAND

12331 James Street, Suite 140, Holland



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